



## Overview of Programme

**Date of Programme: From 24th October to 3rd November 2025**

The Japanese Red Cross Society (JRCS) will host youth volunteers from around the world for an enriching exchange Programme. The primary objective of the IYEP Programme is to foster mutual understanding and friendship among JRC/Red Crescent Youth members across national societies and aims at providing each participant with an opportunity to exchange views and ideas on "Think Globally, Act Locally". This year's IYEP will focus on the two important topics "Climate Change" and "Humanitarian Crisis".

The Programme includes the following: -

- Visiting local Japanese Red Cross Chapters and Junior Red Cross (JRC) schools.
- Cultural immersion to Japanese cultures and lifestyle through a homestay with JRC member families.
- Participation in the JRC/RCY International Meeting – Tokyo 2025, a dynamic platform where youth engage in discussion and learning. Main theme of the JRC/RCY International meeting is "Think Globally, Act Locally".
- The participants are expected to cultivate their leadership in their own countries and communities as "agents of change". Each participant will be encouraged to discuss, collaborate and conclude an action plan on either theme 1 or 2 as follows:
  - Red Cross Youth Actions for Climate Change & Humanitarian crisis
- Working language(s) of the Programme are English and/or Japanese.
- 02 Slots of MRC Youth (1 Male & 1 Female)

## Expectations of participants during the exchange Programme

- Participants are expected to make a brief presentation in English on:-
  - About their own activities and ideas on Red Crescent Youth when visiting the Japan Red Cross Society National Headquarters and/or local chapters.
  - Prepared materials for presentation about MRC, MRC's Red Crescent Youth and information about Maldivian culture
- Open to cultural experiences
- All of the participants are responsible to take moral behavior during their stay in Japan.

## Eligibility for Selection

- Applicants must be between 18 – 20 years of age
- Must be an active volunteer of MRC with
  - Must have logged 35 volunteer hours in 2024
  - Must have logged 15+ volunteer hours in 2025
- Must be able to travel to Japan between the exchange Programme dates 24<sup>th</sup> October – 03<sup>rd</sup> November 2025 (including travel dates)
- Physically and mentally fit to travel and participate in all Programme activities.
- No previous experience of taking part in an international exchange Programme
- Good presentation and communication skills
- Selected candidates upon return of the exchange trip, based on the lessons learned during the visit will be required to actively contribute and participate in the development of Red Crescent Youth Programme for MRC in coordination with National Youth Council and Unit Youth Councils of MRC.

## Selection Process

- Must meet the eligibility requirements.
- **Completed Application form via – [Here](#)**
  - Must complete Section 3 – of writing short essay (300 words) on what you know, think or interested in regarding the two sub-themes of IYEP 2025 “Climate Change” and “Humanitarian Crisis” Essay will be scored based on originality and relevance of ideas included as well as English language competencies.
- Documents to submit with Application Form: -
  - CV (Free Format): - In addition to personal information, education & background, CV should focus on the activities which you have implemented so far as an MRC Youth. The content will be reflected to manage the discussion and to make out the chapter program.
- **Final selection:**
  - Based on applications received, 04 applications (2 Male & 2 Female) will be shortlisted for final selection.
  - Given the availability of 02 slots, final selection will be made by a lot drawn among the shortlisted 04 candidates (1 Male & 1 Female) who meet the eligibility requirements.

**Deadline for Applications:** 12<sup>th</sup> June 2024, 2:30pm.

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